



## Join us at our Liver Care Event

**Date: Friday 11 September 2026**

**Time: 11am – 2pm**

**Venue: Aberford Village Hall, Main Street, Aberford, Leeds LS25 3DA**

**Please note: We do not pre-book appointments for community events, these are provided on a first come, first served basis on the day. There is a step to climb onto the vehicle which means you need to be independent with your mobility.**

### What we do:

The Community Liver Health Checks Team are encouraging members of the public to get their liver checked for free in our mobile clinic vehicle. The event offers individuals an opportunity to prioritise their liver health by gaining valuable information about various types of liver disease and how to improve their liver health.

### Liver Scan Criteria:

To be eligible for a free liver scan, you must have one or more conditions from the list below:

- You may have previously had or been at risk of Hepatitis B or C
- You consume more than 14 units of alcohol a week
- You are 50 years old and over with Type 2 diabetes
- You are 50 years old and over with a body mass index of >30 BMI or >27 BMI for some people depending on your ethnic background

You will be asked these questions prior to being offered a scan of your liver by the CLHC team. If you have had a liver scan in the last 12 months you will not be eligible.

### Preparing for your Community Liver Health Checks Liver Scan:

To help you feel confident and comfortable during your scan, here are a few key things to know:

#### Our Team:

The Community Liver Health Checks team includes both male and female clinical staff.

#### Preparing for Your Scan:

- For the most accurate results, please avoid eating for 3 hours prior to your scan
- You may drink water during this time if needed

#### What to Wear:

- The scan requires access to your rib area
- To help maintain your dignity and make the process smoother, we recommend wearing separate tops and bottoms (e.g., a t-shirt and trousers or skirt)

**For more information email: [leedsth-tr.wylivercareodn@nhs.net](mailto:leedsth-tr.wylivercareodn@nhs.net)**

**Visit our website at: <https://www.westyorkshrelivercareodn.nhs.uk/>**

